BALI PACKING CHECKLIST

~ YOGA RETREATS - BALI ~

Travel
- [ ] Reading/Flight activities
- [ ] Earplugs
- [ ] Sleeping Mask
- [ ] Travel Pillow
- [ ] Sleeping Pills/Melatonin
- [ ] Passport & Copy
- [ ] International Drivers License
- [ ] Itinerary
- [ ] Boarding Passes

Toiletries
- [ ] Prescriptions
- [ ] Toothbrush
- [ ] Toothpaste
- [ ] Deodorant
- [ ] Shampoo
- [ ] Conditioner
- [ ] Body wash
- [ ] Brush
- [ ] Hair ties/Accessories
- [ ] Sunscreen
- [ ] Razor
- [ ] Makeup
- [ ] Feminine Hygiene
- [ ] Wet Naps
- [ ] Tissue Packs
- [ ] Bug Spray
- [ ] Pain Reliever
- [ ] Vitamins

Yoga
- [ ] Yoga Mat
- [ ] Sports Bras
- [ ] Comfortable Pants/Shorts
- [ ] Cotton Tank Tops/T-shirts
- [ ] Small Towel
- [ ] Any specific props used
- [ ] Eye Bag/Cover

Accessories
- [ ] Backpack
- [ ] Small Purse/Money Belt
- [ ] Umbrella
- [ ] Travel Safe
- [ ] Travel Computer Lock
- [ ] Luggage Locks
- [ ] Journal

Funds
- [ ] Wallet
- [ ] Cash ($100 bills 2004 or newer)
- [ ] Credit Cards
- [ ] ATM Card
- [ ] $25 Cash for Visa on arrival

Clothing
- [ ] Underwear
- [ ] Socks
- [ ] Sleepwear
- [ ] Robe
- [ ] Shorts
- [ ] Light pants
- [ ] Dresses
- [ ] Women- 1 red outfit
- [ ] Men- 1 white outfit
- [ ] Swimsuit
- [ ] Coverups
- [ ] Hat
- [ ] Light Jacket
- [ ] T-shirts
- [ ] Tank tops
- [ ] Sandals
- [ ] Athletic shoes
- [ ] Accessories
- [ ] Inexpensive Jewelry
- [ ] Glasses
- [ ] Sunglasses
- [ ] Reading Glasses

Technology
- [ ] Cell Phone & Charger
- [ ] Computer& Charger
- [ ] Tablet & Charger
- [ ] Camera & Charger
- [ ] Headphones or Earbuds
- [ ] Adapters
- [ ] Flashlight

Other
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____